

Supported Living Facilitator(s) (Mental Health)

Job Description

Primary tasks

1. To participate in the life of the service as a member of the community in line with CHT's Psychologically Informed Environment model.
2. To facilitate various groups within the community
3. To co-produce clear and structured recovery, risk management and move-on plans with residents, working creatively with the towards their recovery goals
4. To independently manage a case load of individual key work clients, maintaining an excellent relationship with care teams and other relevant professionals
5. To work alongside and maintain good relationships with relevant housing association in accordance with CHT's Service Agreements
6. To attend relevant internal and external training and commit to CPD relevant to the role

1 Therapeutic Practice

- To participate in ensuring that the service runs in adherence to CHT's model of service delivery.
- To support residents in maintaining their tenancy, maintaining up to date knowledge of social housing and benefit changes
- To provide high quality psychologically informed practical and emotional support to residents
- To work within a developmentally informed framework with an emphasis on facilitating residents to develop relationships within the service and integrating in the local community
- To promote co-production and empowerment in all areas of service development and implementation
- To support residents in applying for relevant benefits in a timely manner and signposting to relevant organisations where specialist advice is required.

- To facilitate recovery orientated, relational group and individual activities and use a mentoring/coaching approach to keyworking
- To attend review meetings for residents and prepare progress reports
- To work with residents to develop and work towards their recovery plans
- To participate in formal reflective practice sessions run by the Community Psychologist
- To participate in CHT's internal training programme and COD opportunities
- To keep in mind the aspects of Safeguarding and work with an understanding of Mental Capacity and Dignity in line with CHT's core framework
- To demonstrate a commitment towards equality and diversity in all areas of work

2 Administration

- To adhere to CHT's and relevant housing association's Health and Safety policy, participating in tasks relevant to maintaining a safe environment for staff, residents and visitors
- To share everyday administrative duties including writing up handovers and various client focused reports
- To share in administrative roles as directed by the Supported Living Service Lead such as Health and Safety, and Petty Cash
- To keep all written records up to date and clearly formulated
- To provide regular reports of client progress using outcome measures under the direction of the Supported Living Service Lead
- To co-ordinate the collection of outcome measures

3 External Relations

- Maintain excellent working relationships with Central and Cecil Housing Trust / Relevant Housing Association
- Develop and maintain excellent working relationships with Care Teams and Families in support of the residents recovery and in line with their wishes
- Organise regular meetings with Care Teams to discuss client progress and present outcome results

- To develop links in the wider community to support residents in engaging in meaningful activities such as leisure, employment or education

General

- Comply with CHT's Equal Opportunities Policy, Safeguarding Policy, Code of Conduct and other policies and procedures
- Act in the best interests of CHT and its residents, and to promote CHT's values and value in all conversations and situations
- To take part in various duties appropriate to being a member of the CHT Staff Team
- Undertake training and professional development appropriate to the role, and in agreement with line management
- To take part in regular meetings, supervisions and appraisals

Person Specification

Essential:

Experience

1. Experience of working within and/or lived experience of mental health services
 2. Experience of working, or living, within housing, health or social care sector
- Skills, Knowledge and Abilities
3. Understanding of the recovery approach
 4. Understand the presentation and support requirements of people with mental health and other associated conditions.
 5. Ability to establish an effective working relationship with residents which is attachment centred and based on the Recovery approach including the skills for comprehensive assessment and action planning.
 6. Have good interpersonal skills including active listening, clear and thorough information sharing and good verbal communication skills.
 7. Ability to respond appropriately and effectively and de-escalate situations when faced with challenging behavior
 8. Good written, numeracy and administrative skills e.g.: ability to accurately and competently record comprehensive assessments, action plans and letters.

9. An awareness and understanding of Health & Safety issues related to working in a Supported Living service.

10. Knowledge and understanding of the statutory and voluntary services within mental health

11. The ability to initiate and maintain constructive and appropriate relations with residents and external agencies

General

12. Have a positive and compassionate attitude to working with residents with mental health conditions, as well as a belief and commitment to recovery

13. Able to demonstrate a willingness to engage in CPD

14. Commitment to working within a recovery / psychologically informed framework

15. Ability to work with autonomy and resilience within a psychological framework

16. An understanding of and commitment to diversity & equality

17. Willingness and ability to work shifts including evenings, weekends and bank holidays

18. Willingness and ability to work across multiple sites where CHT provides a service.

19. Willingness to work flexibly in response to changing organisational requirements.

Desirable

20. Certificate in counselling skills or other similar and relevant qualification

21. Experience of engaging in own psychotherapy

22. Formal qualification in Health and Social Care

23. Knowledge of social housing and the welfare system